

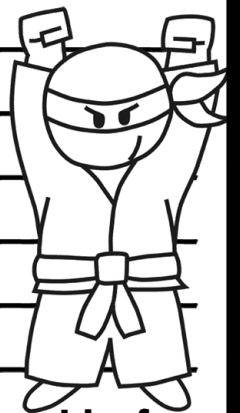
SUPER MANNERS ACTIVITY SHEET



NAME: _____

Write out 20 acts of Super Manners you have completed.
Try and mix it up to include a variety of examples.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____
11. _____
12. _____
13. _____
14. _____
15. _____
16. _____
17. _____
18. _____
19. _____
20. _____



Don't forget it is a requirement to complete both sides of this sheet before graduation. It should be handed in at least 2 weeks before graduation.

www.mykarateschool.com.au

© PARAGON MARTIAL ARTS 2012

The leader in Martial Arts & Character Development

 **PARAGON MARTIAL ARTS**
- A Family School -