

# SUPER MANNERS ACTIVITY SHEET

Complete this worksheet and bring it in to receive a free tee shirt when you complete our starter course.  
 One tee per person, for new students only. You must complete the starter course to receive your tee shirt.

Any super hero knows that it is important to have super manners. Super Manners means treating other people nicely and being aware that our actions impact them.

Find the following words that relate to having Super manners.

- |          |         |
|----------|---------|
| CARE     | PARAGON |
| CHIVALRY | POLITE  |
| HELPFUL  | RESPECT |
| KINDNESS | THANKS  |
| MANNERS  |         |



## COLOUR ME IN!



N	Z	N	P	X	P	J	C	Z	M	T	V	X	Y	U
S	M	C	K	O	O	X	H	Q	K	X	L	B	Y	O
N	K	O	X	B	L	M	I	G	S	H	U	C	T	K
Z	O	N	D	L	I	C	V	R	X	A	F	F	H	H
G	L	G	A	X	T	B	A	O	C	J	P	H	C	A
O	H	P	A	H	E	C	L	P	M	L	L	T	M	R
Q	B	X	Q	R	T	N	R	P	H	V	E	D	E	M
E	L	P	C	U	A	T	Y	Q	Y	M	H	W	A	C
S	W	R	T	S	H	P	C	L	U	X	D	N	W	Y
P	U	X	B	Y	D	Z	S	E	P	N	N	E	K	S
U	Y	T	C	T	U	X	S	Y	P	E	M	M	E	I
F	H	L	P	E	O	M	B	J	R	S	R	L	R	S
A	X	C	T	Z	Z	G	L	S	S	M	E	W	A	K
K	I	N	D	N	E	S	S	U	U	R	Y	R	C	M
C	Y	W	S	S	M	K	C	T	V	J	N	V	W	R

Call us now on 0419 118 494 or 9808 0184 and see how we teach these and more super hero qualities in our classes!

[www.mykarateschool.com.au](http://www.mykarateschool.com.au)

The leader in Martial Arts & Character Development