

**Cervizzi's Martial Arts Academy**  
**6 Washington St**  
**North Reading, MA**  
**978-664-0256**  
**\*\*\*Schedule of Classes\*\*\***

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>
Private lessons	Private lessons	Private lessons	Private lessons		
<b>4-4:45</b> Preschool Ages 4-5 All Ranks	<b>4-4:50</b> Child Child ages 6-9 All Ranks	<b>4-4:45</b> Preschool Ages 4-5 All Ranks	<b>4-4:50</b> Child Child ages 6-9 All Ranks	<b>Specialty programs</b>	<b>8:15am</b> Kickboxing
<b>5-5:45</b> Advanced Class Child Ages 7-9 Purple belt & above by invitation only	<b>5-5:50</b> Teens Ages 10-15 All Ranks	<b>5-5:45</b> Black Belt Club Teen Ages 10-14 Purple belt & above by invitation only	<b>5-5:50</b> Teens Ages 10-15 All Ranks		<b>9:30-10:20</b> Adult All Ranks
<b>6-7pm</b> Black Belts	<b>6:00-6:30</b> Sparring Class All ages All Ranks		<b>6:00-6:45</b> Privates		<b>10:30-11:20</b> Child ages 4-9 All Ranks
<b>6-7pm</b> Teen Class all ranks					
<b>6:30 PM</b> Kickboxing					
		<b>7:00pm</b> Kickboxing	<b>7:00pm</b> Kickboxing		
<b>7-7:45</b> Black Belt Club Adult Purple belt & above by invitation only	<b>7-8 pm</b> Adult All Ranks		<b>7-8 pm</b> Adult All Ranks		
			<b>8:00-8:40</b> Grappling Adults		

\* Classes separated into individual groups to enhance performance

\* Weekly Curricukum posted in karate school

\* For Sanitary reasons, karate sneakers must be worn in dojo.

\* Sparring Equipment should be brought to each class.

\* classes subject to change without notice