



24/7 Fitness Center

Staffed Hours:

Mon: 9am-1pm, 4:30pm - 8:00pm

Wed: 9am-1pm, 4:30pm - 8:00pm

Fri: 9am -1pm, 4:30pm - 8:00pm

Sat: 8:00am - 12:00pm

Schedule an appointment today to tour the Fitness Center and to create a success plan to achieve your goals.

Phone: **715-693-3913**

Email: ehccwmai@mtc.net

Website: www.GetConfident.net

Facebook: [www.facebook.com/
EliteHealthClubMosinee](http://www.facebook.com/EliteHealthClubMosinee)

Elite Health Club is a safe, clean, and affordable health club with the sole focus to help its members achieve their health goals. Our success is measured only by their success.

Value Your Health and Wellness. Be the best you can be for yourself and for those closest to you. Let us help you achieve your lifestyle goals.

Our fitness center offers a full range of cardiovascular and strength training equipment including Nautilus® selectorized machines, free-weights, top-of-the-line Woodway® treadmills, elliptical machines, stair-stepping machines, and stationary bicycles.

Fitness Training programs and classes are available for all ages.

- * Full-Range of Fitness Equipment
- * Locker Rooms with Showers
- * Sauna
- * Tanning Beds
- * Fitness Classes
- * Yoga Classes
- * Martial Art Classes
- * Silver Sneaker Program Certified
- * Personal Training Available
- * 24/7 Keycard Access

“For a Healthier You”