

# The Effects of Bullying



- Create problems at school
- Fearful of attending school, riding the bus, using the bathroom or being alone in the hallway
- This fear makes it very difficult to focus and engage in the classroom, making learning very difficult
- Can cause feelings of embarrassment and or being ashamed
- Can cause lower grades, anger, fear, depression, loneliness, low self-esteem, physical ailments, and even suicidal thoughts