

TOP 10 STUDENT & PARENT TIPS

1. Keep on a regular schedule and make up any missed classes.
2. Encourage your child/children to learn & follow Academy protocol and practice Martial Arts manners.
3. Parents...be a good example!
4. Be a good finder and praise the slightest progress. Watching classes dramatically helps. Remember that any progress keeps a student's interest at a high level.
5. Always support the Instructors decisions on Stripe and Belt promotions as they always have the student's best interest in mind.
6. Always be optimistic and encouraging even in times of frustration and boredom because in any long term goal this will most likely happen.
7. Keep good communications with instructors regarding issues both in and outside of the Academy.
8. Attend special events, promotions, demonstrations etc. They help keep a student's interest high and gives them a Vision of their goals.
9. Take the time to learn the students "Promise" (kids), "Pledge" (teens) and help to explain what it means, as well as the weekly topics in our "Mat Chats".
10. Be a VIP, a Very Involved Parent! A Great Way is to start Martial Arts Classes for yourself and lead by example.

•Help keep them motivated with books, movies & community events. E.g. *The Karate Kid, Kung Fu Panda, Mulan, Dragon "the Bruce Lee Story", any books or movies about or with Jet Li, Jackie Chan, Bruce Lee, Cynthia Rothrock, Michelle Yeoh or Chuck Norris. Please check for Parental Guidance suggestions.*

