

ACTION KARATE

(215) 663-1005

CLASS SCHEDULE



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
ASAHI SHARKS		6:10		4:40		8:30
LITTLE NINJA SHARKS	4:00	4:45	6:00	6:30		9:20
BLACK BELT TRAINING COURSE W-Y-O	5:15		5:25	5:55	4:30	
BASIC KIDS W-Y-O	4:40	6:45	7:25	5:20	4:30	10:15
BLACK BELT TRAINING COURSE P-B-G	5:45	4:00	6:45	7:15	5:10	10:15/11:45
Elite		5:25				
BLACK BELT TRAINING COURSE BROWN - BLACK	7:15	4:00	4:45	7:15	5:10	11:45
BLACK BELTS	6:30	7:25	4:00		5:45	11:45
ADULT	8:00	8:00	8:00	8:00		11:00

BIRTHDAY PARTIES ARE AVAILABLE ON SATURDAY AFTERNOONS
(ASK FOR DEALS OR RESERVATIONS)

DREAMS LEAD YOU HERE
DREAMS WITH A DEADLINE LEAD TO A GOAL
GOALS LEAD TO SHORT-RANGE OBJECTIVES
SHORT-RANGE OBJECTIVES LEAD TO SELF-DISCIPLINE AND DETERMINATION
SELF-DISCIPLINE AND DETERMINATION LEAD TO ATTENDANCE
ATTENDANCE LEADS TO KNOWLEDGE
KNOWLEDGE LEADS TO PROGRESS
PROGRESS LEADS TO CONFIDENCE
CONFIDENCE LEADS TO YES I CAN
YES I CAN LEADS TO THE REALIZATIONS OF YOUR DREAMS
KEEP YOUR DREAMS ALIVE TAKE ACTION

*If you miss class PLEASE CALL (215) 663-1005