



Beyond the Mat

Character Development Program

"Picked up through Training: Carried through Life."

Character Trait #2:

"Empathizes With And Cares About Others"

A Kage No Michi Ninja will always care for and protect others. How have you been able to demonstrate this outside of the dojo? Here are examples of showing this trait in a practical situation.

1. Helping a hurt or sick friend go to the office at school.
2. Listening to a friend vent about a bad day.
3. Opening the door for an elderly person or lady with a stroller.

*Please use the space below to write down any way you've demonstrated "Empathizes With And Cares About Others"

Student Signature

Parent/Guardian Signature

Would you like to share any additional examples of other Character Traits you demonstrated this month?
