



# Beyond the Mat

Character Development Program

*"Picked up through Training: Carried through Life."*

## **Character Trait #3:**

**"Knows When To Listen and When To Speak"**

A Kage No Michi Ninja knows that you don't have to be the one always talking. Listening to others is a good way to learn. How have you been able to demonstrate this outside of the dojo?

Here are examples of showing this trait in a practical situation.

1. Not talking during school lessons until called on.
2. Not interrupting a conversation until they're finished.
3. When a coach is teaching a new technique.

\*Please use the space below to write down any way you've demonstrated  
"Knows When To Listen and When To Speak"

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Student Name

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Parent/Guardian Signature

Would you like to share any additional examples of other Character Traits you demonstrated this month?

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