



# Beyond the Mat

Character Development Program

*"Picked up through Training: Carried through Life."*

## **Character Trait #5:**

### **"Perseveres Through Frustration"**

A Kage No Michi Ninja will always try to follow through and not give up no matter how difficult something is. How have you been able to demonstrate this outside of the dojo? Here are examples of showing this trait in a practical situation.

1. Working on a tough math problem until you get it.
2. Keep being nice to a friend even when they make you mad .
3. Finish playing a game even though you are doing your best and are still losing.

\*Please use the space below to write down any way you've demonstrated  
"Perseveres Through Frustration"

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Student Name

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Parent/Guardian Signature

Would you like to share any additional examples of other Character Traits you demonstrated this month?

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