



Beyond the Mat

Character Development Program

"Picked up through Training: Carried through Life."

Character Trait #9:

"Follows Through On Their Commitments"

A Kage No Michi Ninja knows that if you commit to something, it is important to follow through on that commitment even if you have something better to do. How have you been able to demonstrate this outside of the dojo? Here are examples of showing this trait in a practical situation.

1. Playing with your team even though you've had a bad day.
2. Finishing a chore you promised to do even though it took longer than you expected.
3. Fulfilling your attendance requirements for Ninjutsu even though you'd rather play with friends.

*Please use the space below to write down any way you've demonstrated
"Follows Through On Their Commitments"

Student Name

Parent/Guardian Signature

Would you like to share any additional examples of other Character Traits you demonstrated this month?
