

# *Wild Dreaming Heart*

*A woman's journey into the sacred within*

April 15<sup>th</sup> 1-4pm, \$45

We will gather to unfold, revive and ignite the inner heart fire. Through healing movement, dance, inquiry, meditation, circle sharing we will mend and reweave our soul fabric giving voice to the wise, creative, wild and intuitive woman within.

This potent rituals of remembering will bring you home into yourself and awaken the knowing of what sustains you, wants to be given birth to or let go of.

*The feminine lives in the eternal now;  
it knows its bone truth.*

-Marion Woodman-

***Saša Bencina*** is a passionate mover, bodyworker and teacher skillfully guiding you home into your listening body that can become your resource for everyday centering, healing, authentic expression, deeper exchange with the world and experiencing the true potency of your heart.

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